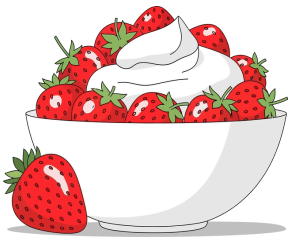
Newsletter

July 2026



BSW PRIMARY AND COMMUNITY CARE TRAINING HUB

Inspiring journey: Dr Isaac Frank's GP Educator story



We're proud to share this inspiring case study featuring Dr Isaac Frank, former Near Peer Fellow with the BSW Primary Care Training Hub.

Isaac's journey into medical education is a powerful reflection of how lived experience, resilience and support can shape future educators. From overcoming challenges in his own training to now supporting and mentoring others, his story highlights the real impact of compassionate, high-quality education in primary care.

Now working as a Clinical Lead at the Urgent Treatment Centre, Great Western Hospital in Swindon, and as a Training Programme Director (TPD) for Swindon GP Training, Isaac continues to champion learning, wellbeing and development for the next generation of GPs - a journey we're incredibly proud to have supported. It's a testament to the journey he's been on - and a reminder of the difference our educator community makes every day.

👉 Read the full article: GP educator case study: Dr Isaac Frank | NHS England | Workforce, training and education

Support Newly Qualified Nurses into Primary Care

We have 8 Newly Qualified Nurses and 1 Nurse Associate keen to start careers in general practice and develop into Practice Nurses. A funded 6-month online Preceptorship Programme is available to support their transition into Primary Care.

This is a great opportunity to:

- Grow your workforce
- Support early-career staff
- Strengthen succession planning

Interested or want to find out more? Contact: tina.fear@nhs.net



What's included in this issue: *(and more...!)*

- BSW General Practice Nurse & Nursing Associate Conference - page 2
- Fuelling Your Future Conference - page 3
- July Wellbeing Space - page 5

BSW General Practice Nurse & Nursing Associate Conference

A successful General Practice Nurse Conference was held on 10 June, attended by 26 practice nurses.

The event featured a series of inspirational speakers who shared valuable insights on key health topics, including the reversal of diabetes through a low-carbohydrate approach, the impact of lifestyle on women's health, and promoting a positive approach to overall wellbeing.



The conference also provided an excellent environment for networking, alongside high-quality catering with refreshments and food available throughout the day.

Attendees benefited from both the educational content and the opportunity to connect with peers, making the event both informative and engaging.

Funded Preceptorship Programme for Nurses and Nursing Associates New to General Practice



Do you have a new Registered Nurse or Nursing Associate in your Practice?

BSW Training Hub is offering another funded, online Preceptorship Programme, designed for Nurses and Nursing Associates who are new to General Practice.

The Programme, now condensed to 6-months, covers a range of clinical and non-clinical skills and includes a 2-day Immunisation and Vaccination course.
Next start date: 2 September 2026

Places filling fast! For more information or to book a place, please email: tina.fear@nhs.net

Training Hub ARRS Support

The Training Hub can provide support and assistance to practices for a range of Additional Roles Reimbursement Scheme (ARRS) roles.
Please see the updated **Training Hub ARRS Support document,** which outlines the benefits, training requirements, practical considerations, and (where applicable) the relevant Training Hub Lead for each role.
For any queries, please contact **bswicb.traininghub@nhs.net**.



Fuelling Your Future Conference – 4 November 2026

Join this one-day, BSW-wide primary care conference exploring metabolic health and what can be achieved through a low-carb, real-food lifestyle.
Who: Open to all primary care staff
CPD: 6+ hours
Date & Time: Wednesday 4 November 2026, 09:00–17:00
Venue: The Neeld Community & Arts Centre, Chippenham, SN15 3WL
Cost & Special Offer:

- Free: BGPERT members (book via: BGPERT@birdbath.org.uk) and SET members (book via Fuelling your Future Conference
- £80: Non-members
- ⭐Special offer: BSW Training Hub has funded 20 places for non-members (first come, first served). To secure a place, please contact kim.taylor18@nhs.net (Swindon Education Trust).

Booking & full details: Click here
Speaker Biographies: Click here
Queries: **Dr Anna Woodman, Portfolio GP**

Oliver McGowan Mandatory Training – Important Update

Following a number of recent queries, we have updated the Oliver McGowan Mandatory Training (OMMT) communications to provide clearer guidance on:

- The required training pathway (including the mandatory e-learning first step)
- Who needs to complete Tier 1 vs Tier 2
- Refresher requirements (every 3 years)
- And importantly, who to contact for all queries

➡️ Please ensure you refer to the updated guidance here: **Oliver McGowan Mandatory Training (OMMT) – Important Update**

⚠️ BSW Primary Care Training Hub is **NOT** managing bookings or queries for this training. We are only sharing the communications!

👉 All booking queries, additional places, or venue offers MUST be directed to:

Danni Aw
OM Training Hub Ltd
📧danni@olivermcgowantraining.com



Thank You from Di Walsh





As she begins her next chapter, Di Walsh would like to extend her most sincere thanks to colleagues across BSW for the wonderfully thoughtful messages, exceptionally beautiful flowers, and generous gift card she received on her final day.

Di was truly touched by the many kind words, memories and messages of support. The acknowledgements she received from colleagues past and present have meant a great deal to her and provided a fitting end to her time with the Training Hub.

In Di's own words, she is delighted to have left the building with "a skip in her step, calmness in her head and joy in her heart." ❤️

She is still buzzing from the kindness shown to her and would like to thank everyone from the bottom of her heart who took the time to get in touch. Your support, encouragement and friendship over the years have been greatly appreciated.

Thank you, Di, for everything you have contributed to the Training Hub and Primary Care across BSW. We wish you every happiness and success in the future.

July Wellbeing Space

Supporting your Mental Health and Resilience in Primary Care

This Month's Focus:
Primary Care Bingo: A Wellbeing Challenge

The idea is simple: Spot, celebrate, and share the everyday moments that support your wellbeing at work.

🟦 Your Bingo Card

Across your day or week, see how many of these you can tick off:

- ✅ Took a proper lunch break (away from your desk)
- ✅ Helped a colleague who was having a tough day
- ✅ Got through your admin list (or made a dent in it!)
- ✅ Shared a laugh with a colleague / your team
- ✅ Finished work on time (or close to it 👀)
- ✅ Took a mindful pause between patients
- ✅ Said "no" or set a boundary when needed
- ✅ Received a thank you - from a patient or colleague
- ✅ Stepped outside for fresh air
- ✅ Drank enough water throughout the day



Bonus square:
⭐ Did something kind for yourself

💡 Why This Matters

In busy GP practices, it's easy to focus only on what hasn't been done. But recognising small wins can:

- Help morale and team connection
- Reduce pressure, stress and burnout
- Shift focus on what's working well
- Help to recognise what we can be grateful for
- Encourage healthier habits during the working day

Wellbeing doesn't always mean big changes - it often starts with small, consistent moments.







Training Hub Core Team



Liz Alden
Co-Clinical Lead
(Portfolio with GP Education)



Rachel Cooke
Projects and
Governance Lead



Hannah Cornish
NQGP Fellowship
Scheme Lead



Tina Fear
Nursing Lead



Kevin Foreman
AHP, AP, Mentoring +
Apprenticeship Lead



Jacqui Simmonds
Legacy Nurse &
GPN Support



Roger Stead
Senior Project
Manager (BEMS)



Will Wallage
Co-Clinical Lead
(Portfolio with GP Quality)

Training Hub Fellowships



Caitlin Hayton

Training Hub
Fellow 2026



Richard Stainton

GP Training Hub
Fellow 2026



Anna Woodman

GP Training Hub
Fellow 2026

Website: www.bswtraininghub.nhs.uk
Website: www.bswgeneralpracticejobs.nhs.uk
Email: bswicb.traininghub@nhs.net