



Apprenticeships in Primary Care – Success Stories

Thank you to everyone who joined our Apprenticeship Information Session on 10 February for National Apprenticeship Week. The session highlighted practical pathways into Primary Care and featured two inspiring success stories:



Advanced Clinical Practitioner Apprentice – Hear how the apprenticeship supported advanced skills and enhanced practice.

[Watch the video](#)

Nursing Associate Apprentice – Discover how the programme built confidence and clinical capability.

[Read the article](#)

We're delighted that two attendees have since come forward and are now progressing towards starting an apprenticeship.

For apprenticeship enquiries: contact kevinforeman@nhs.net

How Do You Feel About Maths?

Many people feel unsure about maths, but it's part of daily life - from shopping to budgeting. Watch these short videos to hear real experiences and learn about the support available:

Video: [How do you feel about maths?](#)

Video: [What is the National Numeracy Challenge?](#)

If you'd like help building confidence or working towards a free Level 2 Maths or English qualification, we can sign you up to an online learning platform tailored to your level, with optional online exams.

For support, contact kevinforeman@nhs.net



What's included in this issue: (and more...!)

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Welcome to our new Training Hub Fellow



Hello, I'm Dr Caitlin Hayton (DHealthPsych), a Research and Development Lead in Brunel PCN 3 and a Health Psychologist by training.

This year for my fellowship I will be working to develop a systematic review of the current research surrounding barriers for young men in engaging with HPV vaccinations. Following this analysis the project aim is to conduct a research project into understanding the barriers via focus groups and to develop

collaborative resources for service users and clinicians to promote uptake and engagement with HPV vaccinations and to reduce the risks of future head and neck cancers.

I would love to work collaboratively with clinicians and staff who have an interest in this area or who are passionate about improving vaccination understanding.

Want to get involved? I'd be so pleased to hear from you. **Contact:** caitlin.hayton@nhs.net

Farewell to Jim Petter

The middle of this month sees us bidding farewell to our Paramedic Lead / Mentor Lead, Jim Petter, as he leaves us for pastures new.

We give huge thanks to Jim for his steady presence in the Hub supporting paramedic development aligned with the ARRS; recruitment of mentees within the BSW system; and more recently some practice support for the SLF.



Jim is off to pastures new, and whatever he does next, we know he will be great!

Please re-direct any queries that would have gone to Jim to the Training Hub in-box via bswicb.traininghub@nhs.net and another member of the team will pick these up for you.

Farewell to Two Fellowships Successfully Concluding in March

Milly Ballentyne will complete her nursing fellowship at the end of March where she spent a year supporting the nursing element of Training Hub work, re-establishing placements for nursing students and gaining new learning in relation to programmes of work from student nurse education through to advanced practitioner status.



Milly now returns to her own studies and clinical work and we wish her well.



GP Fellow Amy Gwyther also concludes her year with us at the end of March, completing her project on delivering health inequalities training to practices relating to delivering high quality asthma care in line with the updated joint NICE/BTS/SIGN Asthma guidelines (2024).

Amy has been a great Fellow - look out for her with even bigger projects in the future!

Farewell to Veronica Kuperman

The end of the month also sees us saying a huge thank you and goodbye to our personalised care lead, Veronica Kuperman.

Veronica's contract and the personalised care project has come to an end, and she continues her NHS journey in her main role within the RUH.

We wish her nothing but the very best for the future.



Celebrating Social Prescribing Day — Showcasing the Amazing Work of Trowbridge PCN's Social Prescribers



As part of Social Prescribing Day, we're shining a spotlight on the incredible work of the Social Prescribing team in Trowbridge PCN. They offer friendly, practical advice and signposting to local services - helping people get support earlier and preventing issues from becoming more complex.

This trusted community-based service has already shown strong uptake and positive outcomes since launching in 2023.

[Read the full article attached.](#)

Diabetes Bitesize Education 2026

Please see attached details of the virtual [Diabetes Bitesize Programme](#) delivered by Royal United Hospital, Bath.

If you would like to register to attend these Microsoft Teams sessions, please contact the team at ruh-tr.diabetesprojectsupport@nhs.net and they will arrange to send you the meeting link.



Invitation to Support European Cancer Diagnosis Research



Prof Michael Harris (University of Bath) and the Örenäs Research Group are running a short anonymous survey (5 minutes) on the causes of delayed cancer diagnosis.

They're seeking responses from:

- People diagnosed with cancer (not your own patients) and their loved ones
- Healthcare professionals who see patients with possible cancer symptoms

The study involves 17 European countries and has University of Bath ethical approval.

Take part: <https://app.onlinesurveys.jisc.ac.uk/s/bathreg/cadecad-england>

[Participant Information Sheet attached.](#)

Supporting Vulnerable Migrants Training Session - Tue 24 March



As more vulnerable migrants are housed across towns and cities - and increasingly register with a wider range of surgeries - it is critical that we are prepared.

Join Valentina D'Orazio (Doctors of the World) and Tom Bain (The Harbour Project, Swindon) for a practical session on inclusive care, the Safe Surgeries Network, and migrant health entitlements.

Who should attend?

All primary care staff - administrative, managerial and clinical.

What's included?

- 30-minute presentation + optional Q&A
- Practical steps to make your surgery more inclusive
- Key information on migrant health and entitlements

Date: Tuesday 24 March 2026

Time: 1pm–2pm

How to join: [MS Teams link - click to join](#) - please copy into your calendar



Important:

This session will not be sent as a calendar invite.

Please add the MS Teams link to your diary now to avoid missing it.

Questions? Contact Dr Ros Petrie: ros.petrie@nhs.net



March Wellbeing Space



Supporting your Mental Health and Resilience in Primary Care

Remember How Good You Are – Spring Is in the Air

As we head into longer, lighter days, it's a great moment to pause and acknowledge just how much you do every day for your patients, teams, and communities. Spring naturally brings a sense of renewal, making it the perfect time to gently reset, refresh, and set a couple of personal goals for the brighter months ahead.

Small shifts now can make a big difference as we move into the warmer weather — whether that's taking a moment of fresh air, building one small wellbeing habit, or simply recognising your own impact.



Training Hub Core Team



Liz Alden
Clinical Lead
(Portfolio with GP Education)



Rachel Cooke
Projects and
Governance Lead



Hannah Cornish
GP Fellow (Education)



Helen Edwards
Admin Lead



Tina Fear
Nursing Lead



Kevin Foreman
Lead for Apprenticeships,
AHPs & Advanced Practice



Veronica Kuperman
Personalised Care
Lead



Jim Petter
Paramedic Lead, GPIIP
Facilitator & Prescribing Lead



Jo Sinclair
GP NQF & GP
Retention Lead



Jacqui Simmonds
Legacy Nurse &
GPN Support



Roger Stead
Senior Project
Manager (BEMS)



Will Wallage
Clinical Lead
(Portfolio with
GP Quality)

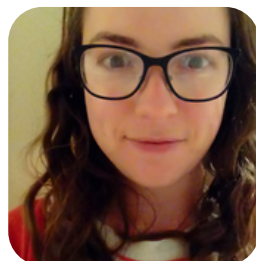


Di Walsh
Training Hub
Programme Lead &
Wellbeing Lead

Training Hub Fellowships



Milly Ballentyne
Nurse Fellowship
2025 - 2026



Amy Gwyther
GP Training Hub Fellow
2025 - 2026



Caitlin Hayton
GP Training Hub
Fellow 2026



Richard Stainton
GP Training Hub
Fellow 2026



Anna Woodman
GP Training Hub
Fellow 2026

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