

# Later Career GPs Peer Group 2026

*Explore your next chapter with confidence*

Are you a late-career GP navigating the 'afternoon' of your professional life?  
Do you find yourself with *fuzzy concerns* about what's next?

Join a **small, friendly, supportive facilitated peer group** designed to help you:

- Explore future transitions with clarity and confidence
- Connect and network with like-minded colleagues
- Gain insights, share experiences, and learn from collective wisdom
- Have fun while shaping an exciting, fulfilling next chapter



Let's turn uncertainty into opportunity - leaving you inspired, empowered, and looking forward to your next steps!

**Coach/Facilitator:** Dr Barbara Barton

**Format:** Online, 8 sessions (90mins each)

**Dates:** March – December 2026

**Expressions of Interest: Email [jo.sinclair1@nhs.net](mailto:jo.sinclair1@nhs.net)**