

## CPD Funding 2025/26

Curious about CPD funding, who's in on it, how to spend it, and the updated new process? Click [here](#) for the full scoop!

For CPD queries please contact [h.edwards12@nhs.net](mailto:h.edwards12@nhs.net)



## Migrant Health Inequalities - recording available

Missed the enlightening July 1st talk on Migrant Health Inequalities by our fabulous BSW GP and Training Hub Associate, Dr. Ros Petrie? No worries! You can catch the replay right [here](#) along with a treasure trove of [resources](#).



## Share Your Learning Journey

NHSE invites learners to share their experiences at regional quality meetings focused on enhancing the learning and training environment in the South West. Participants can either attend and share their story or create a 5-minute video covering:

- Who you are and what is your programme of study?
- What have you found great about your training + experience of placements so far?
- What have you found most difficult about your placements?
- What would you change if you were to do it all again?

Please note; this offer is open to any learner who has a placement or training post element to their programme. This includes apprentices or direct entry and all types of learners where their programme leads to a career in health care. The only caveat is that it wouldn't cover anyone doing a CPD course.

Click [here](#) for further information. Interested individuals please contact [england.qualitywte.sw@nhs.net](mailto:england.qualitywte.sw@nhs.net) to take part. Thank you for considering this opportunity!



## What's included in this issue: (and more...!)

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## Bite-Sized Equality, Diversity and Inclusion (ED&I) Training

Looking for a thought-provoking session to enhance your understanding of ED&I?

Open to all Primary Care Multidisciplinary Professionals.

**Date:** Friday 15 August, 12:30–13:00

**Topic:** Difficult Conversations and Challenging Feedback

**Speaker:** Dr Silvana Romero-Brown

[Join the session here.](#)

Catch up on previous episodes via the Training Hub's dedicated [ED&I webpage](#).



## Toolbox for Asthma Care

Dr. Amy Gwyther, a GP Fellow in the Training Hub, has created a comprehensive [Toolbox for Asthma Care](#). This collection of resources is designed to assist in providing high-quality asthma care consistent with the updated joint NICE/BTS/SIGN Asthma guidelines (2024).

For any queries or if you are interested in having a face-to-face asthma training session at your practice for clinical and/or administrative staff, email [a.gwyther@nhs.net](mailto:a.gwyther@nhs.net).



## Primary Care Courses - University of Exeter

In addition to offering several dates for the £250 one day courses: [Principles of Primary Care CPD Course | Faculty of Health and Life Sciences](#), University of Exeter are also offering the 2-day modules that are part of the PGCert with assessment as standalone modules:

- [Principles in Primary Care Module HPDM127 | University of Exeter](#)
- [Applied Principles in Primary Care HPDM185 | University of Exeter](#)

Further information and contact details are available on TeamNet - click [here](#).

University of Exeter  
Faculty of Health and Life Sciences

PRIMARY CARE POSTGRADUATE COURSES

APPLY NOW

PRIMARY CARE POST GRADUATE COURSES


[exeter.ac.uk/study/postgraduate/courses/medicine/primary-care-pgcert](https://exeter.ac.uk/study/postgraduate/courses/medicine/primary-care-pgcert)


[exeter.ac.uk/faculties/hls/studying/cpd/primarycare](https://exeter.ac.uk/faculties/hls/studying/cpd/primarycare)

# Recognising & Responding to Sepsis in Adults: Essential Training for Clinical and Non-Clinical Staff

 17 Wednesday 10 September 2025, 09:30 - 11:30

 Online via Zoom

 All members of staff working within GP practices in Wessex LMCs' catchment area £40pp

 BSW Nurses, AHPs & HCAs – there is funding for you to attend this course. Your practice are able to pay and re-claim via [bswicch.traininghub@nhs.net](mailto:bswicch.traininghub@nhs.net). They will need to pay the delegate fee to Wessex LMCs (by booking via the below link).

[Book online here](#)



[MORE INFO](#)



## Personalised Care Corner

### Coffee & Connect

An opportunity to network with colleagues in the same role or working in the same locality.

Personalised Care Summer Catch Up: Wednesday 13 August, 12.45 - 13.45

If you haven't received an invite and would like to attend, please contact: [veronica.kuperman1@nhs.net](mailto:veronica.kuperman1@nhs.net)

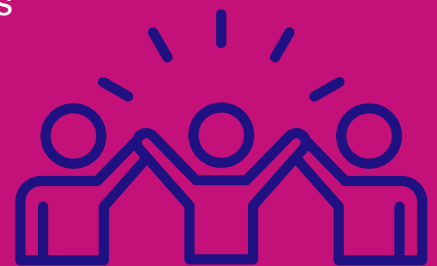
### Team on TEAMS

If you would like to be added to our Personalised Care Teams channel, please contact: [veronica.kuperman1@nhs.net](mailto:veronica.kuperman1@nhs.net)

### Induction and Information Sessions

The Training Hub Personalised Care Lead offers induction and information sessions for new and existing Personalised Care colleagues and managers.

Please email [veronica.kuperman1@nhs.net](mailto:veronica.kuperman1@nhs.net) to book.



## Nurse Preceptorship Programme - Last Few Spots Left!

Join the fully funded, online BSW Nurse Preceptorship Programme starting 3rd September – open to all new nurses and nursing associates.

Contact [tina.fear@nhs.net](mailto:tina.fear@nhs.net) to secure your place!

**LAST  
CHANCE!**



## This Month's Wellbeing Feature: August Wellbeing Tips

**Week 29** – This week we explore the experience of Solitude. Fyodor Dostoevsky quotes 'Solitude for the mind is as essential as food is for the body'. That's why Bill Gates has booked solitude sessions each year to shut off. One of these sessions spending time alone to deep think and reflect led to launch of Internet Explorer in 1995. Gates uses solitude time as a powerful tool for learning and personal growth, and that makes you think.



**Week 30** - And we are talking circles, or to be precise, your circle. The people we surround ourselves with can have a huge impact on our lives and enhance our wellbeing. With podcasts now at our fingertips, we can expand our circle to open our world even further and experience role modelling from great people. We can read, watch, listen with ease. Why not gain a new mentor by seeking someone out with star quality and increase your circle?

**Week 31** – Simple challenge this week, taking time to go outside and breathe in fresh air. Good for respiratory function, but also studies indicate a few big lungful's can boost mood, reduce stress, and improve cognitive function. When feeling frazzled, step outside and breathe. For advanced level, step outside and ...sing (yes, this is a thing)!



**Week 32** – Is it time to embrace a bit of cold therapy? Not for everyone, but cold therapy has gained popularity for its numerous health benefits including having a positive impact on your mental health as cold-water exposure releases endorphins, those little chemicals that make you feel good. Apparently, once you have taken an ice-cold shower first thing, everything that comes after does not seem that difficult. The reward of a warm shower sounds nice!

### Support the Future Workforce: Host a T Level Health Student

Local colleges are actively seeking placements, which come with a small placement tariff. Hosting a student not only supports their development but can also bring real capacity benefits to your practice. What is a T Level? - Click [here](#) for further information.

# Training Hub Team



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Clinical Lead  
(Portfolio with GP Education)



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Nurse Fellowship  
2025 - 2026



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Projects and  
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**Tina Fear**  
Nursing Lead



**Kevin Foreman**  
Lead for Apprenticeships,  
AHPs + Advanced Practice



**Amy Gwyther**  
GP Training Hub Fellow  
2025 - 2026



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