



Introduction to Welfare Benefits Training



Part I 3rd June 09:45-12:45

Part II 4th June 09:45-12:45

Limited funded places available for personalised care roles.

To book please email h.edwards12@nhs.net

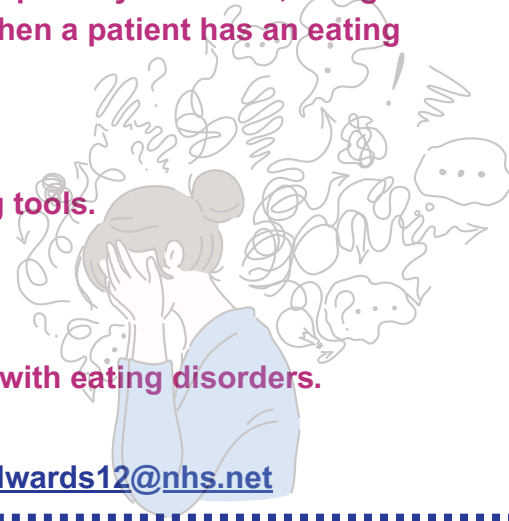
Beat Eating Disorders – Beyond the Symptoms

Wednesday 02 July 2025, 09:30-16:30

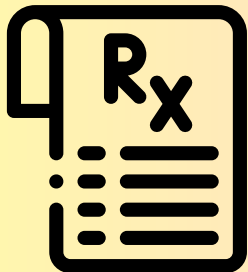
Funded online CPD accredited training programme for healthcare professionals that aims to improve the early intervention rates for people with eating disorders. Delivered by eating disorder clinicians with extensive experience in the field, Beyond the Symptoms is suitable for primary care staff, designed for those who are not experts in eating disorders, it helps staff identify when a patient has an eating disorder and confidently intervene early.

Learning Outcomes

- Spotting the early warning signs, risk management, and screening tools.
- The importance of early intervention.
- How to approach and conduct difficult conversations.
- Why someone might be resistant to treatment.
- Challenges you may experience in identifying and treating people with eating disorders.
- Signposting to treatment services.



Limited places available; to book, please contact h.edwards12@nhs.net



Funded IP/NMP places available

NHSE has allocated the Training Hub some funded Independent Prescribing / Non-Medical Prescribing places at UWE for September 2025 and January 2026. Please contact h.edwards12@nhs.net for more information.

What's included in this issue: *(and more...!)*

- ✓ FOCUS ON - Business & Admin Apprenticeship Offers - [page 2](#)
- ✓ Calling all Feedback - [page 2](#)
- ✓ General Practice Nurse Conference - [page 3](#)
- ✓ Wellbeing Tips - [page 3](#)



FOCUS ON

Business and Administration Apprenticeships

There are a range of opportunities to take further qualifications and move on in your career;

the Training Hub can offer apprenticeships in business and administration. Progression is not linear; you can step in or out at any point depending on your experience or career goals. You may be interested in team leader, finance, HR, IT, marketing, or business management. An apprenticeship combines practical training in a job with study, which means you are employed and receive a salary and are entitled to 20% per week of 'off the job' training time as part of your job. An apprenticeship qualification is equal to the same qualification taken elsewhere and, depending on the apprenticeship, you may be eligible to apply for professional registration upon successful completion. The government has also recently changed the rules regarding the need for Maths and English for apprenticeships, but if you feel you would like to improve your Maths and/or English, the Training Hub can also help you with that at no cost.

If you are interested in an apprenticeship, start by looking at what's available at various levels on the HASO Skills for Life website: [Home - HASO](#)

The government is currently considering removing Level 7 Apprenticeships from the Apprenticeship Levy (e.g. Senior Manager Apprenticeship) and we are awaiting their final decision, but it has agreed that all those who are registered on a Level 7 before their final decision is announced will not be affected. So, if you are considering a Level 7 Apprenticeship, please get in touch as soon as possible so we can help to get you registered early.

If you find an apprenticeship standard that interests you, contact the Training Hub and we will talk you through the process bswicb.traininghub@nhs.net



Helen Edwards
Admin Lead



Kevin Foreman
Lead for Apprenticeships,
AHPs, & Advanced Practice



Helping you prepare, plan and deliver world class apprenticeships

Calling all Feedback!

We're all ears for your thoughts! Whether you've got compliments, complaints, or quirky comments, drop us an email at bswicb.traininghub@nhs.net. We're ready to spring into action based on your feedback!



Lunchtime Bite-Sized Equality, Diversity & Inclusion (ED&I) Training



We are excited to announce the return of our new season of ED&I talks.

These sessions are designed for ALL Primary Care Multidisciplinary Professionals.

Upcoming episodes will take place from May to August, running from 12:30 to 13:00. Click [here](#) for further information.

General Practice Nurse Conference



Tina Fear
Nursing Lead

Wed 25 June 09:00-16:00
Double Tree Hilton Hotel, Swindon

Don't miss out on this event covering; respiratory challenges, tissue viability, personal resilience and trauma informed care.

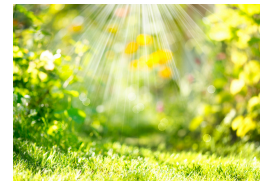
To book your place email:
bswibc.traininghub@nhs.net



This Month's Wellbeing Feature: May Wellbeing Tips

Some suggestions for each week of May 2025 because **You are your priority (or you should be)!**

Week 17 – Lighter mornings, warmer weather, and some cosy feelings. Let's **max out on natural light this week** to enhance wellbeing, and if it does happen to rain, remember, there's no bad weather, only bad clothing choices.



Week 18 – **'Do you remember that time?'** There's nothing like old friends to boost wellbeing, so this week's nostalgic challenge is to talk to some old friends about 'that time' and enjoy laughing out loud together.



Week 19 – The Japanese have a beautiful way of **embracing flaws and imperfections**: Kintsugi. When something is broken, it is repaired with gold and the scars embraced. This offers a healing metaphor for people, as it teaches that in the process of repairing, we can create something unique, beautiful, and more resilient.



Week 20 – **Are you being a little healthish?** What are you banking this week for you and your wellbeing? Small wellbeing habits compound and add up to a bigger return – but only if they are habits and not fads. So, develop an enjoyable routine, build momentum, and prioritise what is healthish for you.



Training Hub Team



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2025 - 2026



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2025 - 2026



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