

# Newsletter

April 2025



## Introduction to Welfare Benefits Training

Part I 3rd June 09:45-12:45

Part II 4th June 09:45-12:45

Limited places available for personalised care roles - to book  
please email [H.edwards12@nhs.net](mailto:H.edwards12@nhs.net)



BSW PRIMARY AND COMMUNITY CARE  
**TRAINING HUB**

SEASON PREMIERE!

presents  
**Lunchtime  
Bite - Sized**  
30-MINUTE ONLINE  
ED&I TRAINING EVENT

Season 2, Episode 1  
**CULTURAL COMPETENCY  
AND MICROAGGRESSIONS**  
Dr Anisio Veloso  
GP, Clinical Advisor NHSE Southwest

8th April 2025  
12:30PM - 1:00PM  
Teams ID: 311 457 332 818  
Passcode: MS2LD77S

For ALL Primary Care  
Multidisciplinary Professionals

ORGANISED BY DR ISAAC FRANK,  
ED&I FELLOW, BSW TRAINING HUB

For further details and to access previous recordings, please  
see our dedicated  
[ED&I Training webpage](#).



The Training Hub have developed customizable **Welcome Packs for Learners and New Starters**, based on feedback from Learning Organisation Approval (LOA) meetings and best practice examples in BSW and beyond. These optional templates can be modified as needed and serve as evidence for the LOA process.

Feedback is encouraged via [rachelj.cooke@nhs.net](mailto:rachelj.cooke@nhs.net)  
to help keep these resources updated and useful.

## What's included in this issue: *(and more...!)*

- ✓ FOCUS ON - The Value of Fellowships as an Educational Experience - [page 2](#)
- ✓ Late Career GP Peer Group 2025 - [page 2](#)
- ✓ April Wellbeing Tips - [page 3](#)
- ✓ Skills Funding - [page 3](#)



## FOCUS ON - The Value of Fellowships as an Educational Experience



**Will Wallage**  
Co-Clinical lead

It is a pleasure for the Training Hub to host and support a range of Fellows to deliver a project over one year which will have impact on primary care in BSW.

We have covered a range of topic areas from Digital Access to Healthcare, to Equality, Diversity and Inclusion (EDI) to Population Health. Population Health project areas have included housebound patients, weight management (linking also with Bath Rugby club), cervical screening in the LD community and migrant health (linking with the Harbour project in Swindon). We have enjoyed working alongside public health colleagues (who often value but struggle to gain primary care input), and a wide range of stakeholders to deliver these effectively.

Fellows benefit from protected time to focus on an area they are passionate about, whilst retaining their primary care role in parallel. This also allows our Fellows to develop specific expertise and skills, experience in project management, education and leadership.

Look out for future fellowship opportunities to be advertised in this newsletter!



### Introduction to Dr. Amy Gwyther, Training Hub Fellow

Amy is a newly qualified GP working in Bath. During her GP training she has developed interests in medical education and sustainable healthcare.

Amy joined the Training Hub in April 2025 for a 12-month fellowship, focusing on supporting primary care staff in the diagnosis and management of asthma following the publication of the new joint NICE/BTS/SIGN guidelines last year.

### Late Career GP Peer Group 2025 Hurry - last few places left!

Are you a late-career GP navigating the 'afternoon' of your professional life?  
Do you find yourself with fuzzy concerns about what's next?

Join a small, friendly, supportive facilitated peer group – click [here](#) for details.

Expressions of interest to: Dr Jo Sinclair,  
BSW Training Hub – [jo.sinclair1@nhs.net](mailto:jo.sinclair1@nhs.net)





## This Month's Wellbeing Feature: April Wellbeing Tips

**Week 13** - A big up for nature this week, and its calming and rejuvenating effect on us. Did you know that spending as little as 2 hours a week in a green space can lead to better physical health and psychological wellbeing? Could you make a date with your local park to have some green time? Next time you meet a friend for a chat, why not take a stroll in a green space.

**Week 14** - You are doing Great! Give yourself a wellbeing burst by reminding yourself of this. Whether you are anxious or excited – stop, listen, and assess. Then be bold, be loud, and go out there a smash it!

**Week 15** - Are you instantly available? We all seem to receive multiple notifications and check our phones multiple times a day, which means we are constantly on duty. Just because this is all instant, it does not make it important. You may consider trying to manage your digital response times to place higher value on your face to face time or indeed your down time.

**Week 16** - A Spotlight on 'Worry'. We all understand worrying about a mistake, worrying people will think we are stupid, worrying about the way we look. This is a common feeling called The Spotlight Effect. We actually believe everyone has noticed everything about us, because they spend all their time looking at us! Surprise.....people do not notice as much about you as you do. So, turn off your spotlight to gain some perspective, and reduce that worry dial.

### CPD Funding

We are now taking all clinical CPD funding applications for 2025-2026. Please contact [Helen](#) for any queries or questions. Funding can be for individuals or groups according to the learning required.

### Admin and Clerical Funding

We still have some funding available for practice managers, PCN managers, and some admin staff. Please contact the [Training Hub](#) for more details.

# SKiLLS LOADiNG...



# Training Hub Team



**Liz Alden**  
Clinical Lead  
(Portfolio with GP Education)



**Milly Ballentyne**  
Nurse Fellowship  
2025 - 2026



**Rachel Cooke**  
Projects Lead



**Hannah Cornish**  
GP Fellow  
(Education)



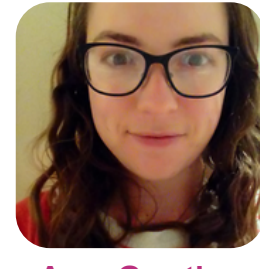
**Helen Edwards**  
Admin Lead



**Tina Fear**  
Nursing Lead



**Kevin Foreman**  
Lead for Apprenticeships,  
AHPs, & Advanced Practice



**Amy Gwyther**  
GP Training Hub Fellow  
2025 - 2026



**Veronica Kuperman**  
Personalised Care Lead



**Jim Petter**  
Paramedic Lead &  
Workforce Planning



**Jo Sinclair**  
GP NQF & GP  
Retention Lead



**Jacqui Simmonds**  
Legacy Nurse &  
GPN Support



**Roger Stead**  
Senior Project  
Manager (BEMS)



**Oliver Thomas**  
GP Inequalities Fellow  
2025 - 2026



**Will Wallage**  
Co-Clinical Lead  
(Portfolio with GP Quality)



**Di Walsh**  
Training Hub  
Programme Lead &  
Wellbeing Lead



**Website:** [www.bswtraininghub.nhs.uk](http://www.bswtraininghub.nhs.uk)



**Email:** [bswicb.traininghub@nhs.net](mailto:bswicb.traininghub@nhs.net)



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