

Newsletter

January 2025



BSW PRIMARY AND COMMUNITY CARE
TRAINING HUB

HAPPY NEW YEAR



Calling all General Practices in BSW: Do you have a new GPN or NA in your Practice who would benefit from an online Preceptorship Fellow Programme?

BSW Training Hub is offering another funded Preceptorship Programme including, clinical & non-clinical skills for any Nurses & Nursing Associates new to general practice. The Programme includes a 2 -day immunisation & Vaccination course

Next start date: Thursday 06 February 2025

For more information and to book a place please email: tina.fear@nhs.net



Introduction to Dr. Ollie Thomas

"I have always been interested in the inequity faced by disadvantaged groups when either accessing or experiencing healthcare. Alongside education, good quality healthcare is one of the primary drivers of social mobility, as well as being a key tenet of a compassionate society.

As a frontline clinician, it is not unusual to feel hamstrung by the limitations of the wider healthcare system. Consequently, this has driven my passion to contribute to sharpening that organisational focus onto the specific inequalities faced locally.

My role as Health Inequalities Fellow this year will look at those patients with Severe Mental Illness, attempting to increase their engagement with annual health checks, with an intention to improve both their mental and physical health. I look forward to working with the Training Hub team, alongside local stakeholders, in delivering that aim."

What's included in this issue: *(and more...!)*

- ✓ FOCUS ON - 1 minute nursing information - page 2
- ✓ GP Assistant Programme: Spaces Still Available! - page 2
- ✓ Lunchtime Bite-Sized Equality, Diversity & Inclusion (ED&I) Training - page 3
- ✓ Personalised Care Annual Event - [page 3](#)



FOCUS ON - Do you have a minute to think about nursing? Before you say no - are you missing out?



Tina Fear
Nursing Lead

Did you know?

1. Student nurses on placement can run their own clinics, assess & treat wounds, perform venepuncture, flu vaccinations & much more (all under loose supervision).
2. If they have a placement with you, they are highly likely to want & be ready for a GPN post on qualification.
3. Assessing students on placement is no longer onerous & now takes less time.
4. If you offer a newly qualified nurse (or an NA) a GPN post then they automatically qualify for a place on the Funded online 12 month Preceptorship Programme, which provides all the skills they need initially.
5. In relation to workforce planning, these nurses can become your future ANPs as other nurses retire.

Have you heard?

What other BSW practices have said:

“Student nurses are a valuable asset and resource to all nurses working in primary care. They enable us to continue to develop not only them but also ourselves.”

“Learning is a two-way process, and we have found our students a pleasure to have in the surgery.”

“Student Nurses contribute a lot to the Practice workload”

“They bring a refreshing, different, up to date perspective”

“After their placement, students often want to work in General Practice when they qualify”

“Having 2 students together provides them with their own peer support so it’s helpful to the team”

Have you read?.....

The Nursing Weekly Summary offering updates, training adverts and other useful information?

Need to know more?

Please don’t hesitate to contact our Nurse Lead, Tina Fear via tina.fear@nhs.net

GP Assistant Programme: Spaces Still Available!

There are a few places still available for the January intake, please contact [Devon Training Hub](#) for more information.

Lunchtime Bite-Sized Equality, Diversity & Inclusion (ED&I) Training

Season 1 of the lunchtime bite-sized ED&I training concluded with Episode 5: Introduction to Differential Attainment in Medical Education. Access the recording [here](#).

Check out [this page](#) to access recordings of the previous ED&I sessions which cover Promoting Inclusion and Valuing Diversity, Unconscious Bias, Neurodivergence and the NHS, ED&I and Staff Experience.

Watch this space for Season 2, coming Spring 2025!

EVENTS



Personalised Care Annual Event

A training and networking event for Care Coordinators, Health and Wellbeing Coaches and Social Prescribers.

Tuesday 04 March 2025 - 09:45-15:00

Mechanics' Institute, Emlyn Square, Swindon SN1 5BP

Please complete the [booking form](#) to secure a place or contact veronica.kuperman1@nhs.net to find out more.



This Month's Wellbeing Feature: Happy and Healthy New Wellbeing Year

Some suggestions for each week of January 2025 because **You** are your priority (or you should be)!

Week 1:- Take a Stroll – walking each day for 30 mins will make you feel great and burns calories. Walk and Talk with someone to kill 2 birds with one stone. Countless studies have shown that physical activity reduces stress and improves cognitive function. A new habit for the New Year?



Week 2:- Reduce Noise – the constant flow and sheer volume of information we receive is a real challenge. Why not plan some non-technology time and disconnect to reduce feeling overwhelmed; or use technology time to delete unused apps and mute notifications. Or go radical and turn your device off or use the do not disturb function. It's okay to say, 'leave me alone for a while'.



Week 3:- Mind Your Language – small positive changes in the words we use can minimise negativity, a swap out for alternative words can maximise positivity. Positive thoughts follow positive words, so how many positive words can you fit into each day?



Week 4:- Manage the News – sorry BBC/ITV and others, but you are dragging us down! Let's be mindful of the impact of 'the news' and other doom scrolling on our mental health and stay informed without compromising our happiness with the world. Reduce access or detox and see what happens.



Training Hub Team



Liz Alden
Clinical Lead
(Portfolio with GP Education)



Milly Ballentyne
Nurse Fellowship April
2025 - 2026



Rachel Cooke
Projects Lead (GP Flex
Pool / Staff Survey Lead)



Hannah Cornish
GP Fellow
(Education)



Helen Edwards
Admin Lead



Tina Fear
Nursing Lead



Kevin Foreman
Lead for Apprenticeships,
AHPs, & Advanced Practice



Veronica Kuperman
Personalised Care Lead



Jim Petter
Paramedic Lead &
Workforce Planning



Jo Sinclair
GP NQF & GP
Retention Lead



Jacqui Simmonds
Legacy Nurse &
GPN Support



Roger Stead
Senior Project
Manager (BEMS)



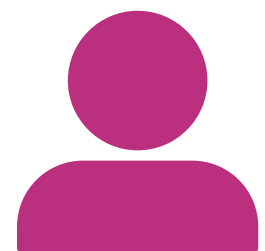
Oliver Thomas
Inequalities Fellow
(MOU)



Will Wallage
Co-Clinical lead



Di Walsh
Training Hub
Programme Lead &
Wellbeing Lead



Vacancy
Training Hub
Fellowship 2025



Website: www.bswtraininghub.nhs.uk



Email: bswicb.traininghub@nhs.net



Facebook: [@BSWGeneralPracticeJobs.nhs.uk](https://www.facebook.com/BSWGeneralPracticeJobs.nhs.uk) and [@BSWTrainingHub](https://www.facebook.com/BSWTrainingHub)



Twitter: [@BSWJobs](https://twitter.com/BSWJobs) and [@BSWTrainingHub](https://twitter.com/BSWTrainingHub)



LinkedIn: [BSW Training Hub](https://www.linkedin.com/company/BSW-Training-Hub)

